

5 Steps



When the light of Human Values shines in your heart, your life experiences get illumined and a five step roadmap opens up for you!



Who am I and why am I here?

OUR QUEST FOR TRUTH



The importance of character and self confidence.

OUR QUEST FOR RIGHTEOUSNESS



Human values and positive thinking: a good diet for body, mind and soul.

OUR QUEST FOR PEACE



Nature, the basis of all findings: outer and inner harmony.

OUR QUEST FOR LOVE



The creative potential of thoughts, feelings and intentions, to sow and reap flowers and fruit!

**OUR QUEST FOR A
HAPPY AND NON
VIOLATING WORLD**