



# Love

When the value of love fills our minds, our thoughts become positive and develop good intentions. When it fills our eyes and ears, we see and hear beauty everywhere. When love fills every part of our being its power comes out of our hands and we can build and create something good for ourselves and others! When it lives in our hearts we feel love for every form of life and our words become soft and sweet.



When love energy lives in thoughts, words and deeds it expresses itself in all these values:

Patience

Kindness

Tolerance

Forgiveness

Generosity

Acceptance

Sharing

Trust

Friendship

Selflessness

Empathy

Dedication

Openness

Compassion

Care for others