

INSTRUCTIONS TO MAKE YOUR HEARTPHONE

You need: simple cardboard from packaging and also from used tetrabrik containers, the silver lining paper you find inside the tetrabrik containers; tetrabrik container tops or plastic bottle tops, a piece of yarn or thread, a needle, two beads.

By using the cardboard from tetrabrik containers we are practicing the 3Rs: **Recycling, Reducing and Reusing**. A program designed to protect the environment!



The red text-outline can be used as a model for your heartphone!



This is a tetrabrik container!



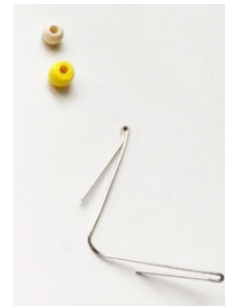
Wash and open the tetrabrik container. It is made of light cardboard and has an inner silver lining.



Cut out your heartphone shapes and glue a piece of the silver lining onto the cardboard to make your heartphone shine.



Pierce a hole in the bottle tops



String two bottle tops to a piece of yarn and fix them with the help of a bead. You have made your earphones!



Secure the earphones and yarn onto your new shiny device by stringing the thread through the cardboard.



Make a beautiful heart shape on your phone, or decorate it in the way it most pleases you!

You can make heartphones for your friends, too!