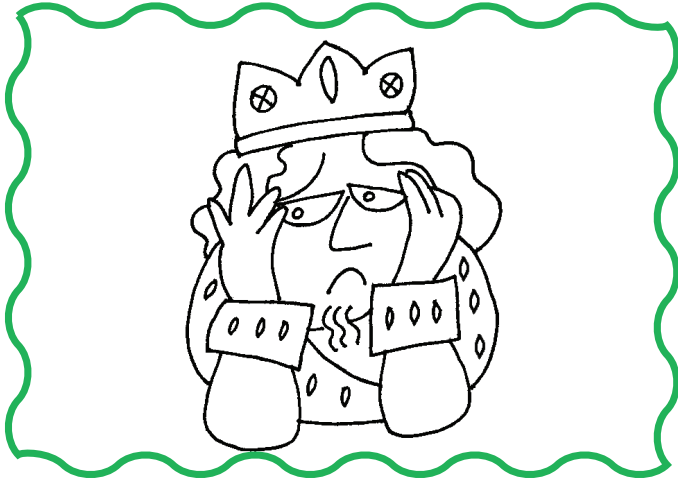


Green Glasses



Let's change our focus!

There was once a king who was bothered by two aches, one in his stomach and the other in his head.

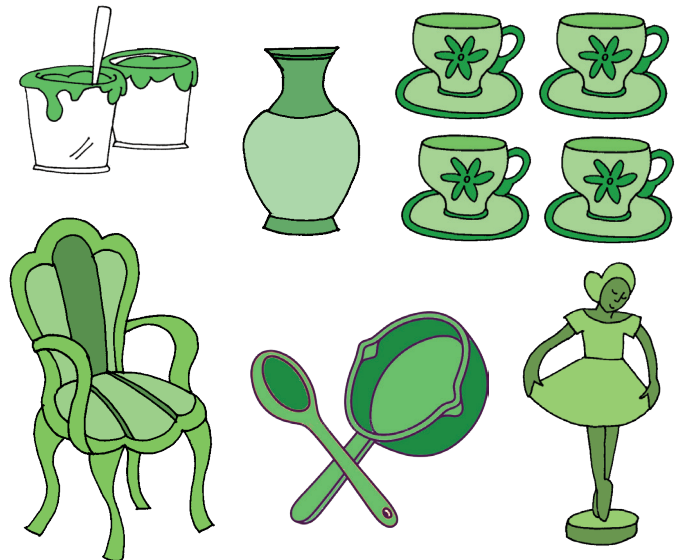


He was diagnosed and treated by a galaxy of medical experts who gave him injections and medication. But the aches persisted with greater vigour than ever before!

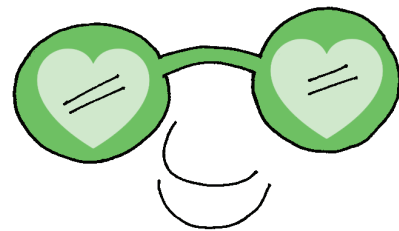


A wise monk came to see the king. "The fault is in your eye, Sire", he said. "Fix your eye, and the head on top and the stomach below will both behave properly! To do so, concentrate on only one colour. Concentrate on green", he suggested. "Do not let your eyes fall on red or yellow, or any other colour."

The king called a group of painters and purchased barrels of green colour. He commanded that every object on which his eye was likely to fall be painted green.



When the monk came to visit him after a few days, the king's servants poured green paint over him, lest their master see any other colour and the pain in his head and stomach would come back.



The monk laughed and said, "If you had purchased a pair of green glasses, worth just a few coins, you could have saved these walls and pots and pans, chairs and sofas and also a pretty large share of your fortune! You cannot paint the world green."

We can't change the world but we can change our vision and perspective of it. To do so, what kind of glasses should we wear?